

Product	Ingredients	Suitable For Vegans	Suitable For Vegetarians	Allergens
Triple Chocolate Brownies	WHEAT Flour, Sugar, free range whole EGG , Unsalted butter (MILK), Dark Chocolate Callets (cocoa mass, sugar, fat reduced cocoa powder, emulsifier: SOYA lecithin, natural vanilla flavouring), Dark Chocolate Chunks (sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), Milk Chocolate Chunks (sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavouring) White Chocolate Chunks (sugar, whole MILK , powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), Cocoa powder (May Contain MILK , Organic Cocoa Powder (98%), Acidity Regulator (Potassium Carbonates), Salt.	NO	YES	WHEAT, EGG, SOYA, MILK
Millionaires Shortbread	WHEAT Flour, Sugar, free range whole EGG , Unsalted butter (MILK), Milk Chocolate Callettes (sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavouring) White Chocolate Callettes (sugar, whole MILK , powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), golden syrup, condensed milk, Salt.	NO	YES	WHEAT, EGG, SOYA, MILK
Carrot Cake Traybake	WHEAT Flour, Light Muscavado Sugar, Icing sugar, free range whole EGG , Unsalted butter (MILK), vegetable oil, bicarbonate of soda, baking powder, vanilla bean extract, ground cinnamon, ground cloves, orange zest, carrots, Pecan nuts TREE NUTS	NO	YES	WHEAT, EGG, MILK, TREE NUT
Carrot Cake Traybake (GF)	Sugar, Sunflower and vegetable oil, free range whole EGG , Vanilla Extract, plain gluten free flour - Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), Baking powder Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Starch, Bicarbonate of soda Raising Agent (E 500 (Sodium Carbonates)), Xanthan gum, Salt, Ground Cinnamon, Ground ginger, ground nutmeg, Carrots, Unsalted Butter, Icing sugar, MILK , Vanilla Extract, Orange zest and juice, dried edible flower petals	NO	YES	EGG, MILK
Carrot and Walnut Cake Traybake (GF)	Sugar, Sunflower and vegetable oil, free range whole EGG , Vanilla Extract, plain gluten free flour - Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), Baking powder Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Starch, Bicarbonate of soda Raising Agent (E 500 (Sodium Carbonates)), Xanthan gum, Salt, Ground Cinnamon, Ground ginger, ground nutmeg, Carrots, Unsalted Butter, Icing sugar, MILK , Vanilla Extract, Orange zest and juice, Walnuts TREE NUT	NO	YES	EGG, MILK, TREE NUT
Apple and Cinnamon Loaf Cake (GF)	Apples, Sugar, Cinnamon, Unsalted Butter MILK , Vegetable Oil (Rapeseed Oil), Whole MILK , free range whole EGG , Vanilla Extract, plain gluten free flour - Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), Baking powder Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Starch, Bicarbonate of soda Raising Agent (E 500 (Sodium Carbonates)), Bicarbonate of soda, baking powder - Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)) Xanthan gum, Salt, Cinnamon, Ground Ginger, Ground Nutmeg, Maple Syrup	NO	YES	EGG, MILK
Dark Chocolate Banana Bread	WHEAT Flour, Sugar, free range whole EGG , Unsalted butter (MILK), Semi Skimmed MILK , bicarbonate of soda, ground cinnamon, Dark Chocolate Chunks (sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring, bananas, salt.	NO	YES	WHEAT, EGG, SOYA, MILK
Almond and Honey Buns	WHEAT Flour (calcium carbonate, Iron, Niacin, Thiamin), Caster Sugar, free range whole EGG , Unsalted butter MILK , Whole MILK , fast action dried yeast, salt, Ground Almonds TREE NUT , Almond extract (vegetable oil (Rapeseed), Almond Extract), Ground Almonds and Flaked almonds (may contain peanuts, other nuts and sesame) TREE NUT, GROUND NUT, SESAME	NO	YES	EGG, TREE NUT, GROUND NUT, SESAME, MILK
Twisted Cinnamon Buns	WHEAT Flour (calcium carbonate, Iron, Niacin, Thiamin), Caster Sugar, Soft light brown sugar, Icing sugar free range whole EGG , Unsalted butter MILK , Whole MILK , fast action dried yeast, ground cinnamon, salt.	NO	YES	WHEAT, EGG, MILK
School Cake	Margarine, Icing Sugar, cane sugar and maize starch, castor sugar, Self raising flour - WHEAT Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Raising Agents (Monocalcium Phosphate, Sodium Bicarbonate, Free range whole EGG , Sprinkles (Sugar, Vegetable Oils - Coconut, Shea, Concentrates - Sweet potato, spirulina, apple, radish, stabiliser - acacia gum, glazing agent - beeswax, colours - paprika extract, luten	NO	YES	WHEAT, EGG
School Cake (GF/DF)	Margarine, Icing Sugar, cane sugar and maize starch, castor sugar, Gluten free self raising flour - flour blend (rice, potato, tapioca, maize, buckwheat) raising agents (mono-calcium phosphate, sodium bicarbonate), Free range whole EGG , Sprinkles (Sugar, Vegetable Oils - Coconut, Shea, Concentrates - Sweet potato, spirulina, apple, radish, stabiliser - acacia gum, glazing agent - beeswax, colours - paprika extract, luten	NO	YES	EGG
Pear and Ginger Cake	Pears, Unsalted butter MILK , Salt, Sugar, Free range whole EGG , WHEAT Flour (calcium carbonate, iron, niacin, thiamin, Raising agents (monocalcium phosphate, sodium bicarbonate) Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates)), Ground ginger, Ground Cinnamon, Ground Cloves, Black Treacle (Cane molasses (SULPHITES)). Vanilla Extract	NO	YES	MILK, EGG, WHEAT, SULPHITES
Vanilla Chai Cake	Ground Cinnamon, Ground Ginger, Ground Cardamon, Ground Allspice, Ground Cloves, Masala Chai Infusion (Water, Un-refined Sugar, Cardamon, Cinnamon, Fennel Seed, Cloves, Nutmeg, Vanilla, Star Anise, Ginger, Allspice and mixed Spice) WHEAT Flour (calcium carbonate, iron, niacin, thiamin, Raising agents (monocalcium phosphate, sodium bicarbonate) Cornflour, baking powder - Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Salt, Unsalted Butter MILK , Sugar, Free Range Whole EGG , Soured Cream MILK , Vanilla Extract	NO	YES	MILK, EGG, WHEAT
Pumpkin Spice Latte Cake	Vegetable Oil, Pumpkin, free range whole EGG , Decafinated Coffee, Sugar, WHEAT Flour (calcium carbonate, Iron, Niacin, Thiamin) Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates)), Salt, Mixed Spice, Ground Cinnamon, Ground ginger, Unsalted butter MILK , Pumpkin Spice Syrup (Sugar, natural flavouring, Glucose Syrup, Salt)	NO	YES	MILK, EGG, WHEAT
Biscoff Blondies	WHEAT Flour, Sugar, Light brown sugar, free range whole EGG , Unsalted butter (MILK), White Chocolate Chunks (sugar, whole MILK powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring) Cornflour, MILK , vanilla extract, Biscoff spread (Caramelised biscuit, WHEAT Flour, Sugar, Vegetable Oil - Palm, Rapeseed, Candy sugar syrup, raising agent - Sodium, hydrogen carbonate, SOYA Flour, salt, cinnamon, rapeseed oil, sugar, emulsifier, lecithans SOYA , acid - citric acid) Biscoff Biscuits (WHEAT Flour, Sugar, Vegetable oils - Palm SOYA , Candy sugar syrup, raising agent, sodium hydrogen carbonate, SOYA Flour, Salt, Cinnamon)	NO	YES	WHEAT, EGG, SOYA, MILK

White chocolate and pistachio cookies	Unsalted butter MILK , Light Brown Sugar, Golden Caster sugar, free range whole EGG , Vanilla Bean Paste - Vanilla extract with seeds (water, ethanol, vanilla extract, vanilla seeds) Sugar, inulin, tapioca starch, thickeners (xanthan gum and guar gum) WHEAT Flour, Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates)) White Chocolate Chunks (sugar, whole MILK , powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), Pistachio spreadable cream (sugar, PISTACHIOS , Oils (Sunflower, Soy Bean, Rapeseed) and Fats (Palm, Palm kernel) skimmed MILK powder, MILK whey powder, emulsifier (sunflower lectin E322, natural colouring E141) MAY CONTAIN TRACES OF OTHER TREE NUTS AND PEANUTS	NO	YES	WHEAT, EGG, MILK, TREE NUT
Triple Chocolate Cookies	Unsalted butter MILK , Sugar, free range whole EGG , Vanilla Extract, Cocoa powder (May Contain MILK . Organic Cocoa Powder (98%), Acidity Regulator (Potassium Carbonates), Plain Flour - WHEAT Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Salt, Bicarbonate of soda, baking powder - Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Starch, Dark Chocolate Chunks (sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), Milk Chocolate Chunks (sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavouring) White Chocolate Chunks (sugar, whole MILK , powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring)	NO	YES	WHEAT, EGG, SOYA, MILK
Lemon Drizzle Cake	WHEAT Flour (calcium carbonate, iron, niacin, thiamin, Raising agents (monocalcium phosphate, sodium bicarbonate), Sugar, free range whole EGG , Unsalted butter (MILK), lemon (juice and zest)	NO	YES	WHEAT, EGG, MILK
Lemon Drizzle Loaf Cake (GF)	Lemon (juice and zest) granulated white sugar, Unsalted butter MILK , free range whole EGG , Gluten free self raising flour - flour blend (rice, potato, tapioca, maize, buckwheat) raising agents (mono-calcium phosphate, sodium bicarbonate) thickener (xanthan gum), Ground Almonds TREE NUT , Gluten free baking powder (raising agents, calcium phosphate, sodium bicarbonate, cornflour)	NO	YES	EGG, MILK, TREE NUT
Lemon Drizzle Bundt Cake (GF/DF)	Lemon (juice and zest) sugar, Stork Margarine (vegetable Oils (Rapeseed, Palm, Sunflower in varying proportions) Water, Salt, Emulsifiers (Lecithin, Mono and diglycerides of fatty acids) Acid (Citric Acid) Colouring (Carotene), Natural flavouring, vitamins (A and D), Free range whole EGG , Gluten free self raising flour - flour blend (rice, potato, tapioca, maize, buckwheat) raising agents (mono-calcium phosphate, sodium bicarbonate) , Ground Almonds TREE NUT , Gluten free baking powder (raising agents, calcium phosphate, sodium bicarbonate, cornflour)	NO	YES	EGG, TREE NUT
Lemon Drizzle Bundt Cake (GF)	Lemon (juice and zest) sugar, Unsalted butter MILK , Free range whole EGG , Gluten free self raising flour - flour blend (rice, potato, tapioca, maize, buckwheat) raising agents (mono-calcium phosphate, sodium bicarbonate) , Ground Almonds TREE NUT , Gluten free baking powder (raising agents, calcium phosphate, sodium bicarbonate, cornflour)	NO	YES	EGG, MILK, TREE NUT
Apple Cinnamon Babka	Whole MILK , Fast action dried yeast, Sugar, Unsalted Butter MILK , Free Range whole EGG , Salt, WHEAT Flour (calcium carbonate, iron, niacin, thiamin, Raising agents (monocalcium phosphate, sodium bicarbonate), Apples, Lemon Juice, Ground Cinnamon, Salt, Vanilla Extract	NO	YES	MILK, EGG, WHEAT
Chocolate and Pear Cake	Pears, Unsalted butter MILK , Salt, Sugar, Free range whole EGG , Whole MILK , Self raising flour - WHEAT Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Raising Agents (Monocalcium Phosphate, Sodium Bicarbonate, Organic Cocoa Powder (98%), Acidity Regulator (Potassium Carbonates), Baking Powder (Raising Agents (E 450 (Diphosphates) Ground almonds TREE NUT	NO	YES	MILK, EGG, WHEAT, TREE NUT
Hazlenut and Dark Chocolate Cookies	Unsalted butter MILK , Light Brown Sugar, Golden Caster sugar, free range whole EGG , Vanilla Bean Paste - Vanilla extract with seeds (water, ethanol, vanilla extract, vanilla seeds) Sugar, inulin, tapioca starch, thickeners (xanthan gum and guar gum) WHEAT Flour, Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates)) Dark Chocolate Chunks (sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring) Hazlenut Spread - Sugar, Palm Oil, Hazelnuts TREE NUT (13%), Skimmed Milk Powder (8.7%), Fat-Reduced Cocoa (7.4%), Emulsifier: Lecithins (SOYA), Vanillin. Hazlenut Syrup (Sugar, water, glucose syrup, natural flavourings) Hazlenuts TREE NUT	NO	YES	MILK, EGG, WHEAT, SOYA, TREE NUT
Milk Chocolate cookies	Unsalted butter MILK , Light Brown Sugar, Golden Caster sugar, free range whole EGG , Vanilla Bean Paste - Vanilla extract with seeds (water, ethanol, vanilla extract, vanilla seeds) Sugar, inulin, tapioca starch, thickeners (xanthan gum and guar gum) WHEAT Flour, Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates)) Milk Chocolate Chunks (sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavouring)	NO	YES	WHEAT, MILK, EGG, SOYA
Morello Cherry and Almond Cake (GF/DF)	Stork Margarine (vegetable Oils (Rapeseed, Palm, Sunflower in varying proportions) Water, Salt, Emulsifiers (Lecithin, Mono and diglycerides of fatty acids) Acid (Citric Acid) Colouring (Carotene), Natural flavouring, vitamins (A and D), Sugar, Free range whole EGG , Ground almonds TREE NUT , self raising gluten free flour - Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), raising agents (mono-calcium phosphate, sodium bicarbonates, thickener (xanthan gum), Gluten free baking powder)raising agents (calcium phosphate, sodium bicarbonate) Conflour, Almond extract TREE NUT (vegetable oil (Rapeseed), Almond Extract), Morello cherry conserve (sugar, morello cherries, gelling agent (citrus pectin) acidity regulator (citric acid), almond flakes TREE NUT	NO	YES	EGG, TREE NUT
Jamaican Ginger Cake with Lemon Glaze (GF/DF)	Stork Margarine (vegetable Oils (Rapeseed, Palm, Sunflower in varying proportions) Water, Salt, Emulsifiers (Lecithin, Mono and diglycerides of fatty acids) Acid (Citric Acid) Colouring (Carotene), Natural flavouring, vitamins (A and D), self raising gluten free flour - Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), raising agents (mono-calcium phosphate, sodium bicarbonates, thickener (xanthan gum), Black Treacle (Cane molasses (SULPHITES), Golden Syrup (Partially inverted refiners syrup), Sugar, Ground Ginger, Ground Cinnamon, Ground Nutmeg, Xanthan Gum, Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates))) free range whole EGG , Stem Ginger, Vanilla Extract, Lemon Juice	NO	YES	SULPHITES, EGG
White Chocolate cookies	Unsalted butter MILK , Light Brown Sugar, Golden Caster sugar, free range whole EGG , Vanilla Bean Paste - Vanilla extract with seeds (water, ethanol, vanilla extract, vanilla seeds) Sugar, inulin, tapioca starch, thickeners (xanthan gum and guar gum) WHEAT Flour, Bicarbonate of soda - Raising Agent (E 500 (Sodium Carbonates)) White Chocolate Chunks (sugar, whole MILK , powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring)	NO	YES	WHEAT, MILK, EGG, SOYA
Almond and Orange Cake (GF/DF)	Free range whole EGG , Sugar, Orange zest and juice, vegetable oil, Almond extract (vegetable oil (Rapeseed), Almond Extract), Ground Almonds and Flaked almonds (may contain peanuts, other nuts and sesame) TREE NUT, GROUND NUT, SESAME , Orange Marmalade (Sugar, Seville Oranges, Water, Orange juice from concentrate, acidity regulator: citric acid: E331, Gelling agent:pectin)	NO	YES	EGG, TREE NUT, GROUND NUT, SESAME
Raspberry and almond blondies	Unsalted butter MILK , Light Brown Sugar, Granulated white sugar, free range whole EGG , Almond Extract, Ground Almonds TREE NUT , Plain Flour - WHEAT Flour Calcium Carbonate, Iron, Niacin, Thiamin], Salt, Cornflour, White Chocolate Chunks (sugar, whole MILK , powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring), Raspberry Jam (sugar, scottish raspberries, gelling agent (fruit pectine, acidity regulator, citric acid), Flaked Almonds TREE NUT	NO	YES	WHEAT, MILK, EGG, SOYA, TREE NUT
Pizza Bread	Strong white bread flour (WHEAT), fast action dried yeast, Olive Oil, Pizza Sauce (Tomato, Water, Salt, Basil, Oregano, Onion, Natural Flavouring) Mozzarella Cheese MILK , (Anti caking agent - potato starch)	NO	YES	WHEAT, MILK

Flapjacks	Unsalted butter MILK , Golden Syrup (Partially inverted refiners syrup), Sugar, Porridge Oats (Rolled OATS , may also contain WHEAT and BARLEY), Salt	NO	YES	MILK, OATS, WHEAT, BARLEY
Marmite and Cheese Twists	Puff Pastry (WHEAT Flour, Calcium Carbonate, Ison, Niacin, Thiamin), Margarine (Palm Oil, Water, Salt) Water, Preservative (Potassium Sorbate), Salt. Marmite (Yeast extract (contains BARLEY , WHEAT, OAT, RYE), salt, vegetable juice concentrate, vitamins (thiamin, riboflavin, niacin, vitamin B12 and folic acid), natural flavouring (contains CELERY) Free range whole EGG , Parmesan Cheese MILK and Cheddar Cheese MILK	NO	YES	WHEAT, BARLEY, OAT, RYE, CELERY, MILK, EGG
Kentish Blue Cheese and Pear Twists	Kentish Blue Cheese (MILK , vegetarian rennet, Salt) Puff Pastry (WHEAT Flour, Calcium Carbonate, Ison, Niacin, Thiamin), Margarine (Palm Oil, Water, Salt) Water, Preservative (Potassium Sorbate), Salt. Free range whole EGG , Pears.	NO	YES	WHEAT, MILK, EGG
Blueberry Muffins	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Bicarbonate of soda – Raising Agent (E 500 (Sodium Carbonates)), Ground Cinnamon, Salt, Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Starch), Salt, Unsalted butter MILK , Vegetable Oil (Rapeseed Oil), Sugar, free range whole EGG , Soured Cream MILK , Whole MILK , Blueberries. Lemon zest and juice.	NO	YES	WHEAT, EGG, MILK
Plain scones	WHEAT Flour (calcium carbonate, iron, folic acid, niacin, thiamin, anti-oxidant (ascorbic acid), Sugar, free range whole EGG , Unsalted butter MILK , Baking powder raising agent (E450 Diphosphates, E500 sodium carbonates, Starch, Whole MILK).	NO	YES	WHEAT, EGG, MILK

WE TAKE CARE TO LIST ALL INGREDIENTS IN OUR FOOD, HOWEVER WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIRONMENT AS WE USE SHARED EQUIPMENT TO DISPLAY, PREPARE AND SERVE, PLEASE ASK US IF YOU HAVE ANY CONCERNS OR QUERIES